

**ADVANCED  
FRACTURES AND  
INSTABILITIES**



# Trauma and disorders of the elbow and forearm

Course in management of trauma and sequelae with practical exercises on human specimens.

Course format: Case based discussions and related lectures followed by practical exercises.

*Fakultet:  
Professor Lars Adolfsson  
TBD*

————— A cooperation between —————

**Ortopedkliniken, US Linköping  
Swemac Education**

# Preliminary program

## THURSDAY

### I. 8:30 INTRODUCTION

#### 8:45 CASE BASED LECTURES

- Considering pathomechanics
- Wrist fractures; acute management and understanding of pathomechanics
- Chronic instability

#### 9:30 COFFEE

#### 10:00 CASE BASED LECTURES

- Management of “atypical” fractures of the distal radius
- Fractures of the distal ulna and “peri-ulnar” instability
- Forearm fractures
- Elbow dislocations
- Radial head fractures
- Longitudinal forearm instability

#### 12:00 LUNCH

### II. 12:45 DISSECTIONS (WITH FILM DEMOS OF PROCEDURES)

- Recon procedure for radial head and elbow instability
- Internal fix of distal radius and ulna; dorsal approach, volar approach to ulna, fixation of volar lip fragments
- DRUJ; dissection of capsule, 6:th extensor tendon sheath, peripheral TFCC tear, detachment from ulnar fovea, distal oblique band.
- Forearm plating and nerve identification

#### 17:00 AFTER WORK | CASE DEMONSTRATIONS

#### 19:00- COURSE DINNER

## FRIDAY

- III. 8:30      **CASE BASED LECTURES**
- Fractures of the proximal ulna
  - Posteromedial instability
  - Terrible triad injuries
  - Coffee
- IV. 9:45      **WORKSHOP**
- 12:30      **LUNCH**
- V. 13:15      **CASE BASED LECTURES**
- Elbow instability
  - Elbow stiffness
  - Salvage procedures
- 15:00      **CLOSURE**

Course fee: SEK 13.000 excl. VAT

Application form



# Send application form to

petter.ingestig@swemac.com, +46 70-815 16 44

Name \_\_\_\_\_

Hospital \_\_\_\_\_

Department \_\_\_\_\_

Zip code \_\_\_\_\_

City \_\_\_\_\_

Phone \_\_\_\_\_

Mobile \_\_\_\_\_

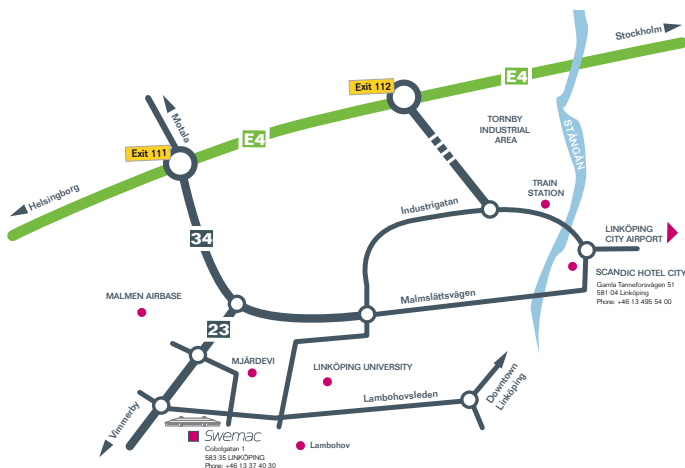
E-mail \_\_\_\_\_

Invoice address \_\_\_\_\_

Reference \_\_\_\_\_

Hotel date (not incl in course fee) \_\_\_\_\_

Other info \_\_\_\_\_



**Swemac Education AB**

Cobolgatan 1 | SE-583 30 Linköping Sweden | Telefon +46 13 37 40 30 | info@swemac.com | www.swemac.com