



3-4 October 2024

# Surgical exposures in the upper extremity

Anatomical dissections from the fingertips  
to the shoulder with human specimens

*Fakultet:*  
*Professor Lars Adolfsson*  
*TBD*

————— A cooperation between —————

**Ortopedkliniken, US Linköping**  
**Swemac Education**

# Preliminary program

## THURSDAY

### I. 8:30-8:45 INTRODUCTION

- Philosophy in selection of surgical approaches
- Basic surgical technique

### II. 8:45-9:45 NERVE ENTRAPMENT SYNDROMES IN THE ARM

### III. 9:45-12:00 FRACTURES OF THE DISTAL RADIUS AND ULNA

Handledda dissektioner

### IV. 10:30-11:15 FRACTURES OF THE FOREARM

### V. 11:15-12:00 FRACTURES OF THE ELBOW

12:00-12:30 LUNCH

### VI. 12:30-13:00 PREPARATION FOR LAB

### VII. 13:00-17:30 DISSECTIONS ELBOW, FOREARM AND HAND

Demonstration of approaches, Identification, and decompression of nerves in hand and wrist,

- Dorsal approach to the distal radius and radio-carpal joint
- Dorsal approach to the distal ulna and TFCC
- Volar approach to the distal radius/median nerve
- Volar approach to the distal ulna/ulnar nerve
- Approach to the metacarpals, CMC, MCP and PIP joints

Demonstration of approaches, identification and decompression of median, radial and ulnar nerves.

- Posterior approach to the elbow
- Medial approach to the elbow/ulnar nerve
- Lateral approach to the elbow
- Anterior approaches to the elbow/radial and median nerves
- Volar approach to the forearm (Henry)
- Volar approach to ulna
- Dorsal approaches to the forearm (Boyd, Thompson)
  - Reinsertion of distal biceps tendon
  - Suture/reinsertion of collateral ligament

### 17:00-18:00 AFTER WORK:

Case discussions

### 19:00- COURSE DINNER

## FRIDAY

### VIII. 8:30-10:00 FRACTURES OF PROXIMAL HUMERUS, HUMERAL SHAFT AND CLAVICLE

#### 10:00-13:00 LAB: SHOULDER AND UPPER ARM:

Demonstration of basic approaches, Identification of nerves and vessels,

- Deltopectoral approach
- Superior approach to the shoulder
- Posterior approach to the shoulder
- Ac-joint and clavicle
- Anterolateral approach
- Radial, ulnar, median and musculocutaneous nerves
- Posterior approach to shaft
- Posterior approach to distal humerus (triceps handling)
- Medial approach

#### 13:00 LUNCH AND CLOSURE

Course fee: SEK 13.000 excl. VAT

Application form



# Send application form to

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Name \_\_\_\_\_

Hospital \_\_\_\_\_

Department \_\_\_\_\_

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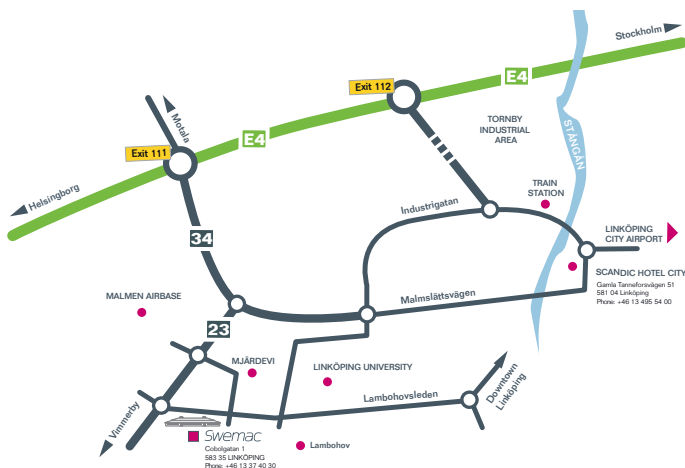
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