



14-15 March 2024

Surgical exposures in the upper extremity

*Anatomical dissections from the fingertips
to the shoulder on human specimens.*

Faculty:
Professor Lars Adolfsson
TBD

A cooperation between
Ortopedkliniken, US Linköping Swemac
Education

Preliminary program

THURSDAY

I. 9:15-9:30 INTRODUCTION

- Philosophy in selection of surgical approaches
- Basic surgical technique

II. 9:30-9:50 NERVE ENTRAPMENT SYNDROMES IN THE ARM

III. 9:50-10:30 FRACTURES OF THE DISTAL RADIUS AND ULNA

IV. 10:30-11:15 FRACTURES OF THE FOREARM

V. 11:15-12:00 FRACTURES OF THE ELBOW

12:00-12:30 LUNCH

VI. 12:30-13:00 PREPARATION FOR LAB

VII. 13:00-17:30 DISSECTIONS ELBOW, FOREARM AND HAND

Demonstration of approaches, Identification, and decompression of nerves in hand and wrist,

- Dorsal approach to the distal radius and radio-carpal joint
 - Dorsal approach to the distal ulna and TFCC
 - Volar approach to the distal radius/median nerve
 - Volar approach to the distal ulna/ulnar nerve
 - Approach to the metacarpals, CMC, MCP and PIP joints
- Demonstration of approaches, identification and decompression of

median,

radial and ulnar nerves.

- Posterior approach to the elbow
- Medial approach to the elbow/ulnar nerve
- Lateral approach to the elbow
- Anterior approaches to the elbow/radial and median nerves
- Volar approach to the forearm (Henry)
- Volar approach to ulna
- Dorsal approaches to the forearm (Boyd, Thompson)
 - Reinsertion of distal biceps tendon
 - Suture/reinsertion of collateral ligament

17:00-18:00 AFTER WORK:

Case discussions

19:00- COURSE DINNER

FRIDAY

VIII. 8:30-10:00 FRACTURES OF PROXIMAL

HUMERUS, HUMERAL SHAFT AND

CLAVICLE

10:00-13:00 LAB: SHOULDER AND

UPPER ARM:

Demonstration of basic approaches, Identification of nerves and vessels,

- Deltopectoral approach
- Superior approach to the shoulder
- Posterior approach to the shoulder
- Ac-joint and clavicle

- Anterolateral approach
- Radial, ulnar, median and musculocutaneous nerves
- Posterior approach to shaft
- Posterior approach to distal humerus (triceps handling)
- Medial approach

13:00 LUNCH AND CLOSURE

Course fee: SEK 12.000 excl. VAT

Application form



Send application form to

farhana.hermansson@swemac.com, +46 70-815 16 60

Name _____

Hospital _____

Department _____

Zip code _____

City _____

Phone _____

Mobile _____

Email _____

Invoice address _____

Reference _____

Hotel date (not
incl in course
fee) _____

Other info _____



